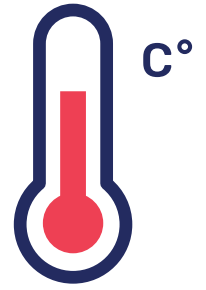


Food reheating

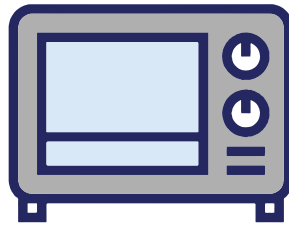
Reheat foods to an internal temperature of **74 °C** for at least **15 seconds** to ensure food safety.



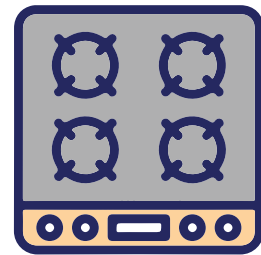
Use the following equipment for reheating foods:



Oven



Microwave



Stove

Keep foods safe by following these rules when reheating foods:

- 1 Reheat foods immediately after removing them from the refrigerator.
- 2 Reheat foods to the correct internal temperature.
- 3 Use a calibrated food thermometer to measure the current temperature.
- 4 Reheat foods once.
- 5 Serve the reheated foods immediately.
- 6 Use the proper equipment for reheating foods.
- 7 Do not overload reheating equipment.



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